Houston Police Department
Mental Health Division



ANNUAL REPORT 2021

Service with compassion

houstoncit.org

Mental Health Division

Division Information

04 About Us

05 Unit Summaries

06 Meet the Team

MHD Programs

08 Boarding Home Enforcement Unit

09 Chronic Consumer Stabilization Initiative

10 Crisis Call Diversion Program

11 Crisis Intervention Response Team

12 Crisis Intervention Training

14 Homeless Outreach Team

15 Investigations

16 Senior Justice Assessment Center

17 Learning Site

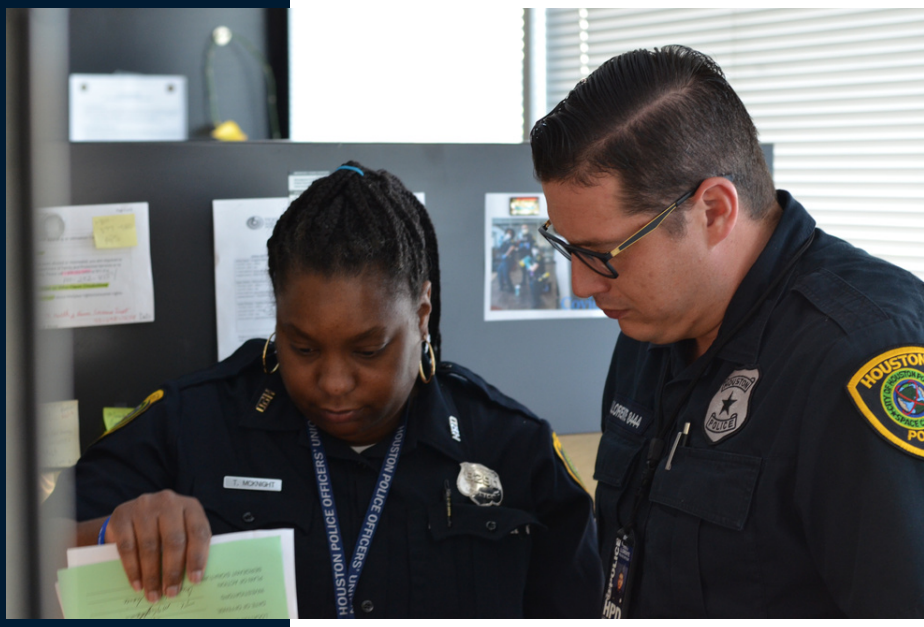
MHD Metrics

18 Success Story

19 Success Story

20 Annual Statistics

22 **Resources**



A team approach to its work.
Treat all people with respect and dignity.
Approach all work with integrity.
Respect individual differences.
Provide transparency to all stakeholders.
Learn. Collaborate. Educate. Innovate. Serve.

About Our Division

Houston Police Department Mental Health Divison

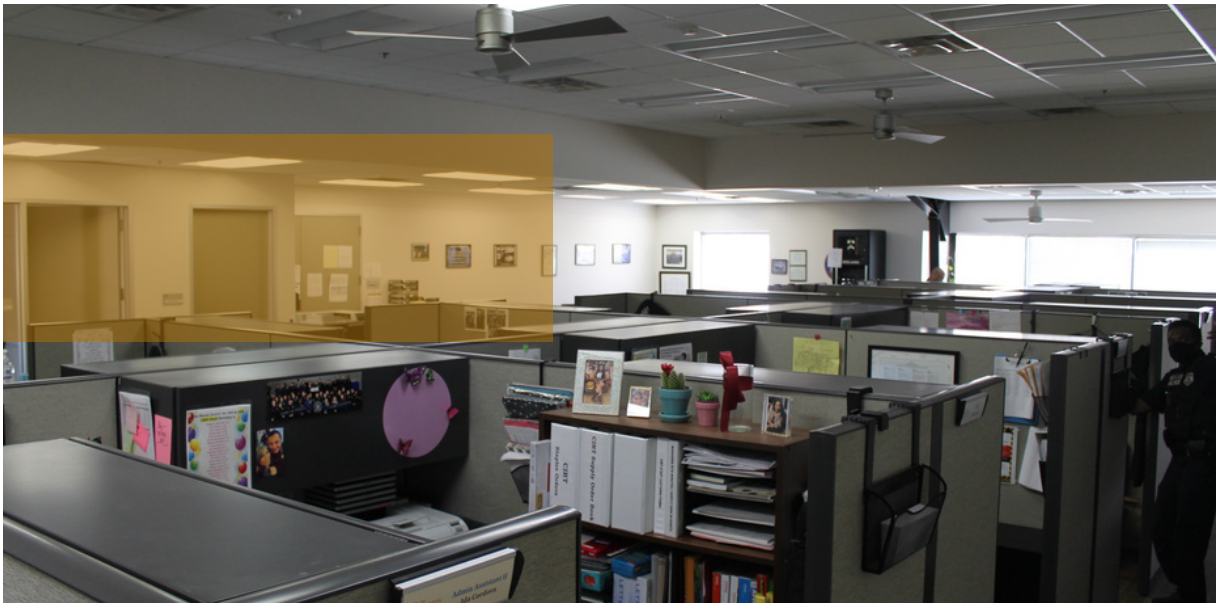
The Mental Health Division (MHD) was formed to provide a more professional and humane response to people in serious mental health crisis.

The primary purpose of the MHD is to oversee the department's Crisis Intervention Training (CIT) program and to provide training and guidance in the areas of policies and procedures when dealing with persons in mental health crises. To accomplish this goal, the Mental Health Division works closely in collaboration with the mental health community at large, most notably, though, with The Harris Center for Mental Health and IDD.

In 2019, the Mental Health Division was assigned to Field and Support Operations, and consisted of 40 full-time personnel. These included one commander, one lieutenant, six sergeants, three officers assigned as CIT instructors, three officers assigned to the Investigations Unit, two officers assigned to Boarding Homes Enforcement Unit (BHEU), one officer assigned to the Chronic Consumer Stabilization Initiative (CCSI), twelve officers assigned to the Crisis Intervention Response Team (CIRT), six officers assigned to the Homeless Outreach Team (HOT), one officer assigned administrative duties (budget, technology, vehicle coordination, etc.), one officer assigned to Special Projects, one officer assigned as a data analyst, one senior office assistant (civilian), and one Public Service Officer (civilian).

Additionally, there were almost equally as many collaborative civilian team members from The Harris Center working alongside HPD personnel within the MHD.





Boarding Homes Enforcement Unit (BHEU)

BHEU's main goal is to ensure that residents with mental and physical disabilities are living in a healthy and safe environment by providing educational outreach, regular inspections, and enforcing city ordinances.

Chronic Consumer Stabilization Initiative (CCSI)

CCSI is a collaborative effort designed to identify, engage, and provide services to individuals who have repeated contact with police because of a serious mental illness.

Crisis Call Diversion Program (CCD)

CCD diverts non-emergency mental health related calls received through dispatch away from emergency response to appropriate mental health services.

Crisis Intervention Response Team (CIRT)

CIRT units consist of an HPD Officer and a Master's level clinician from the Harris Center. Teams are deployed citywide to address the most serious mental health related calls.

Crisis Intervention Training Unit (CIT)

This unit trains more than 5,600 law enforcement personnel annually. As HPD serves as one of 14 Council of State Governments Learning Sites, the CIT Unit also hosts multiple site visits annually for outside agencies who want to learn about the division's co-responder programs.

Homeless Outreach Team (HOT)

HOT seeks to improve the quality of life for Houston's homeless by getting people connected with resources and helping to providing a sense of worth and identity.

Investigations

This unit analyzes police reports pertaining to mental illness and maintains a database used to monitor and assess potential risks to consumers and/or the public.

Senior Justice Assessment Center (SJAC)

SJAC is a collaboration of community partners who identify, evaluate and intervene in crimes committed against senior adults in Harris County.

Our Division Leaders



Today's modern policing requires the ability to respond to individuals in serious mental health crises. The Houston Police Department strives to reach out as professionally, safely, and humanely as possible.

Bryan Bennett
Divisional Commander

Message from the Commander

The Mental Health Division is a collaboration between the Houston Police Department, our local mental health authority, The Harris Center, and other mental health professionals in Houston/Harris County, and advocacy groups, such as the National Alliance on Mental Illness. The Houston Police Department works with the community to develop a multifaceted strategy for responding to individuals in serious mental health crises.

As a leader and one of the national models, we strive to work with our community partners, to improve our response to persons living with mental illness, substance abuse, and homelessness. We continually work at developing new strategies and techniques that will keep the Houston Police Department as the premiere law enforcement agency regarding specialized police responses to the mentally ill.

Message from the Chiefs



"The Mental Health Division's goal, in all emergencies stemming from mental crisis, is to utilize the least coercive measures to secure the welfare of all those concerned, unite consumers with needed services, and divert them from the criminal justice system whenever possible."

Troy Finner
Chief of Police



"Everyday law enforcement is responding to individuals who are experiencing mental health crises. In an era of Community Policing, the Houston Police Department is at the forefront, implementing multi-faceted strategies and programs to improve their response to mental health related calls. Our goal is to decrease the reliance on police personnel for mental health needs and to redirect these individuals to mental health resources, thereby substantially decreasing their interactions with the criminal justice system and getting them into more appropriate systems of care."

Yasar Bashir
Assistant Chief
Patrol Region 3 Command



Boarding Homes Enforcement Unit

About BHEU

In 2013, Houston City Council passed the Boarding Homes Ordinance, which authorized the Houston Police Department to conduct enforcement and share regulatory oversight of boarding home facilities with the Department of Public Works.

BHEU is tasked with enforcing the health and safety components of the ordinance in order to ensure consumers are living in a safe and comfortable environment. The unit's responsibilities include general boarding home investigations, random site visits, and inspections. BHEU also provides specialized training to the public and other government agencies. These efforts resulted in an increase in boarding home operators complying with the boarding homes ordinance and permitting with the City of Houston.

As of 2021, approximately 140 boarding homes were known to exist inside the city limits of Houston. Through enforcement efforts and public training seminars, there are currently 37 locations lawfully permitted and approximately 51 boarding homes in the process of becoming permitted pending approval for certificate of occupancy, a recent addendum to the current Boarding Homes Ordinance.

**Source for numbers from MHD DDS Report*



Chronic Consumer Stabilization Initiative

About CCSI

The Chronic Consumer Stabilization Initiative (CCSI) is a collaborative effort between the Houston Police Department and the Harris Center for Mental Health and IDD. The program is designed to identify, engage, and provide mental health and social services to individuals who have been diagnosed with a serious and persistent mental illness, who also have had frequent encounters with the Houston Police Department.

The Harris Center for Mental Health and IDD Care Coordinators proactively engage with affected individuals in hopes of interrupting the cycle of repeated law enforcement encounters and psychiatric hospitalizations. In past years, the CCSI Unit has received national recognition for excellence in Public/Private Cooperation from the International Association of Chiefs of Police (IACP), and the unit continues to show commitment to public and private collaborations.

In addition to decreasing the time and costs associated with CIT calls and hospitalizations, the work of CCSI helps minimize the potential for injuries to the consumer and police officers, and allows for patrol resources to be directed to address crime-related issues.

*Based on data from individuals in the preliminary case load, one year before program and one year during, there was a:

- 71% reduction in admissions to psychiatric facilities.
- 66% reduction in Harris County Psychiatric Center in-patient days.
- 66% decrease in overall encounters with law enforcement while on the CCSI program.

CCSI continues to proactively engage and manage individuals who experience chronic mental illness who frequently encounter HPD patrol officers and CIRT.

CCSI GOALS

• Reduce interactions between the individual diagnosed with serious and persistent mental illness and HPD.

• Identify unmet needs and barriers in the community that contribute to an individual's inability to engage and remain in mental health treatment.

• Link individuals to mental health treatment and coordinate their mental health care.

• Provide support and education to individuals and their family members, in order to minimize contact with law enforcement resulting from non-compliance with
mental health treatment.

• Facilitate compliance with recommended mental health treatment in order to reduce the number of involuntary commitments to the Neuropsychiatric Center, decrease homelessness, reduce victimization, decrease substance abuse, and minimize interactions with law enforcement, while improving their quality of life.

Services

• Outreach and Engagement

• Intensive Case Management

• Mental Health First Aid for client, family, & other support systems

• Linkage to secure, stable housing

• Linkage to primary healthcare

• Linkage to outpatient psychiatric care and supportive services

• Linkage with substance abuse treatment

• Empowering client to assume responsibility for mental health compliance

• Crisis Intervention

Source for numbers from CCSI Pilot Analysis 2010

Crisis Call Diversion

About CCD

The first of its kind in the nation, the Crisis Call Diversion (CCD) program is designed to identify and redirect non-emergent, non-life-threatening calls for service that are mental health crisis related (CIT) away from first responder resources and toward The Harris Center for Mental Health & IDD mental health professional tele-counselors located within the 911 call center. This program is a collaborative effort of the Houston Police Department (HPD), Houston Fire Department (HFD), Houston Emergency Center (HEC), and the Harris Center for Mental Health & IDD. The program is staffed and funded by the City of Houston and The Harris Center.

This program has proven to be a valuable service to the City of Houston as it has essentially diverted emergency responders to calls that are highest in priority. These call diversions offer an estimated $1,666,731* in cost deferment to the first responder community after program costs.

Through the work of one police officer from the Mental Health Division and six Harris Center crisis call counselors, the volume of non-emergency mental health-related calls for service for both HPD patrol and HFD emergency medical services (EMS) is reduced, and more resources are available to provide for emergency responses. The program has not only proven to save first responder resources, money and time, it helps connect citizens of Houston with much needed mental health services.

**Unofficial source based on average FTE cost analysis*



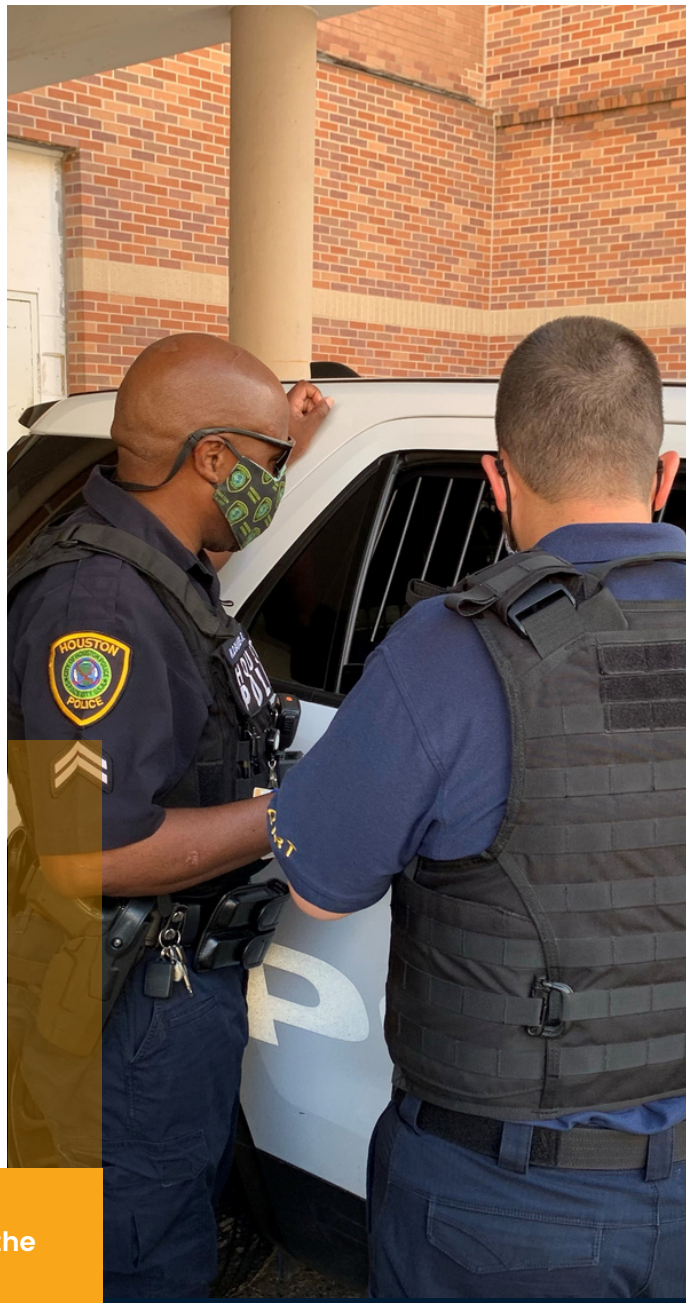
Crisis Intervention Response Team

About CIRT

Responding to those living with mental Illness is something that police officers deal with on a daily basis. With training, Houston Police Officers can handle the majority of these calls on their own. However, sometimes patrol officers require a higher level of expertise in more serious cases. In order to effectively handle these cases safely, specialized mental-health co-responder units are necessary. These units make-up HPD's Crisis Intervention Response Team (CIRT) units.

Twelve Crisis Intervention Response Teams (CIRT) are deployed citywide in HPD's calls for service loop. Each team is comprised of an HPD Officer and a Master's level clinician from The Harris Center for Mental Health and Intellectual and Development Disabilities (formally MHMRA). The clinicians are an invaluable resource and a substantial reason for the success of the CIRT Program.

In addition to their knowledge of mental illness and counseling experiences, the clinicians have direct access to a consumer's medical data in The Harris Center and Harris Health systems. This information is extremely beneficial when responding to consumers in crisis as they have knowledge of the consumer's diagnoses, mental health history, medications, compliance behavior and hospitalizations.



CIRT Units are dispatched to handle the most serious mental health calls for service throughout the city.

Crisis Intervention Training

About CIT Training

The Houston Police Department's Mental Health Division continues to lead by example in training law enforcement and mental health personnel across the region, state, and nation. The Training Unit also presents at both the Texas CIT Association Conference and the CIT International Conference. Additionally, the CIT Training Unit engages various community organizations through presentations and workshops.

The primary responsibility of HPD's training team is providing Crisis Intervention Training to all Houston Police Department classified personnel, as well as many of HPD's civilian personnel. All of the Houston Police Department's multi-faceted strategies for responding to the mentally ill begin with training and fostering collaboration. HPD's Mental Health Division partners with mental health professionals and advocacy groups in Houston and Harris County in its specialized police responses. In addition to the aforementioned, the Training Unit is also called upon to respond to information requests and depositions related to incidents involving mental health consumers.

The Training Unit also offers technical assistance to outside agencies, which is available via training videos, off-site training, sharing of curricula, program information, policies, consultations and site visits. Our subject matter experts have taught throughout Texas, as well as throughout the United States. All instructors are TCOLE certified instructors and Mental Health Officers, who have expertise in both mental health and law enforcement, with vast hands-on experience handling mental health related crises and de-escalation.



CIT Classes

The courses provided by the training unit are updated annually to reflect the most up-to-date information and are offered to officers within the department, as well as to outside agencies seeking mental health training pertaining to law enforcement.

Advanced CIT

The goal of this annual course is to provide officers with refreshed curriculum and training about trending topics in popular culture as it pertains to mental health, updates in either legislation or policy, as well as to improve officer handling of CIT calls for service.

Crisis Intervention Training

With increasing frequency, law enforcement is being called upon to respond to individuals experiencing serious mental health crises. It is necessary for law enforcement personnel to understand mental illness, and the tactics and techniques that have been proven to work most effectively when responding to individuals in these situations. These tactics and techniques are different than those routinely taught to officers to manage conflict. Generally, the underlying elements behind behavior related to mental illness is usually not criminal or malicious. Utilizing the information from this course, and implementing effective strategies, can help keep officers safe, keep the public safe, and greatly reduce civil liability.

CIT Update

This Crisis Intervention Refresher training provides a review of the key concepts, safety techniques, and communication skills initially taught in crisis intervention training portion of the Texas Commission on Law Enforcement (TCOLE) Basic Peace Officer Curriculum. This course allows time for discussion, questions, and concerns of technique utilization that participants have experienced since their initial basic training. Brainstorming with fellow attendees assists in the discussion of "best practices" and the sharing of personal/situational experiences.

De-Escalation

The purpose of the De-Escalation training is to improve the response of officers to incidents that involve persons in crisis who are behaving erratically, emphasizing that public and officer safety are at the heart of this process. De-escalation utilizes techniques to reduce the intensity of an encounter with a suspect and enables an officer to have additional options to gain voluntary compliance or mitigate the need to use a higher level of force, while maintaining control of the situation.

The critical decision-making model provides officers with an organized way of making decisions about how they will act in any situation, including situations that may involve uses of force. Principals of the critical decision-making model include police ethics, values of the Houston Police Department, proportionality, and most importantly, the sanctity of human life.

Mental Health Officer

The purpose of the Mental Health Officer course is to further inform and educate the officer in the area of mental health and issues pertaining to serving as a mental health officer, to include advanced crisis intervention training.

Trauma-Affected Veterans

The Trauma Affected Veterans course aims to provide a framework for Law Enforcement Officers to have a basic understanding about US Military culture, traumas, triggers and stressors, and de-escalation techniques when encountering veterans in crisis. The course is structured around 16 hours of lecture, videos, and class dialogue and 8 hours of role playing and hands-on practice to build student confidence when encountering a US veteran in crisis. The Trauma Affected Veteran course builds upon the techniques taught in Crisis Intervention Training (TCOLE 1850) and meets guidelines set by House Bill 1338.

Homeless Outreach Team



About HOT

The Homeless Outreach Team (HOT) is a team of specialized officers who collaborate with mental health care coordinators to engage in outreach to the homeless community by offering shelter, aid, and assistance.

Officers on the team seek out the homeless population for outreach, be it the streets, sidewalks, underpasses, wooded areas, or shelters. A psychosocial assessment of each individual is conducted to determine the root cause for an individual's homelessness. This assessment consists of identifying and targeting needs such as medical issues and treatment, mental health treatment, acquisition of medication, obtaining identification, poly-substance abuse treatment, housing needs, need of immediate sheltering, need of social services including Social Security benefits, Medicare & Medicaid, SSI acquisition, WIC program and/or SNAP benefits, and re-engagement with family and relatives.



Following engagement and assessment, HOT officers and care coordinators work with each individual to link them to appropriate programs and agencies based on their specific needs. The goal in linking homeless individuals with appropriate services is to address and eliminate the root causes that have kept a person living on the streets.

The innovative method of policing with relational solutions executed by the Homeless Outreach Team continues to be a model, not only for Texas, but also for the nation.



Investigations

Mental Health Investigators follow-up on cases involving possible criminal activity where the consumer was a victim of a crime or listed as a suspect. Investigators also work closely with other departmental investigative divisions.

About Investigations

Our Mental Health Investigations Unit is comprised of three investigators and one Sergeant, tasked with reviewing every incident report routed to the Mental Health Division that involves a person with actual or suspected mental illness. Incidents that meet the criteria of having a mental health nexus are entered into a secured MHD database.

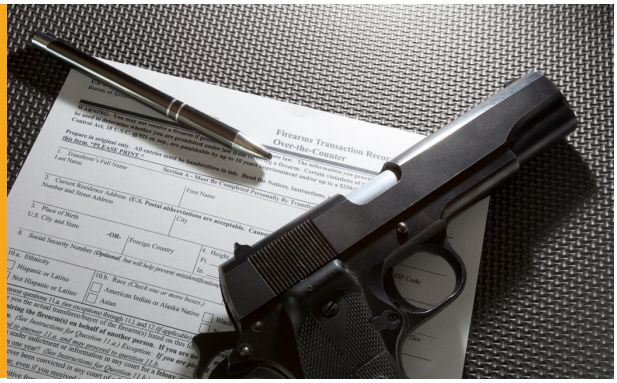
Through case review, referrals from other investigative divisions, and outside agencies, cases are identified for follow-up investigation. At this point, the objective is to identify individuals whose specific behavior or actions cause serious concern for themselves or others, and have the potential to escalate into violence. This is followed by threat assessment and identifying the risks the individual under suspicion poses to any particular target. During this stage of investigation, the goal is to gather as much information on the individual as possible to learn about the subject's state of mind, behavioral patterns, and interests regarding the target. This requires consultation from multiple sources and may require face-to face interviews with the individual.

The last component involves developing a strategy to manage the individual and minimize harm against the targeted individual. The management plan involves a collaborative effort between multi-disciplinary groups and organizations. The investigator determines what resources are available to improve quality of life, and makes referrals to the appropriate agencies or MHD unit to provide the services and assistance needed.

Investigations are conducted with the hope of preventing future crisis and, if possible and appropriate, to defer prosecution.

Investigators complete premise histories, which is a safety awareness advisory that is entered in the CAD system for patrol officers to read before arriving on location.

Investigations is also responsible for the disposition of firearms seized from individuals experiencing a mental health crisis and taken in on an emergency detention.



Senior Justice Assessment Center

About SJAC

The Harris County Senior Justice Assessment Center (SJAC) brings together a multidisciplinary team to serve the unique needs of senior adults in Harris County who fall victim to neglect, abuse, and/ or exploitation. The team includes the Houston Police Department, the Harris County Sheriff's Office, Harris County Protective Services, the District Attorney's Office, the Area Agency on Aging, Harris County Health Services and the University of Texas Health services, amongst others.

The SJAC establishes standardized roles, processes, and procedures to allow seniors to have comprehensive care. Using this methodology, agencies experience less overlap when working on cases simultaneously, allowing better use of resources. Through this collaboration, the team creates and implements plans tailored to each client's needs. Some of the services provided to seniors through SJAC include determining if a crime has been committed, assessing the client's mental capacity, and ensuring physical safety.

SJAC works to address issues with quality of evidence involving clients with dementia, to decrease overall investigative costs and duplication of agency investigation, extend the network to area community centers, and successfully secure continuous funding opportunities through community partners and grant applications.

A multidisciplinary team of medical, legal, law enforcement, and social service professionals convene weekly to review the merits of a case and to determine if eligibility criteria have been met for specialized investigation.



Learning Site

Our Learning Site Program

For many years HPD has been one of the nation's front-runners in Crisis Intervention and De-escalation training because of the strong collaboration between HPD and Houston's local mental health authority, The Harris Center.

In 2010, the Houston Police Department's Mental Health Division was chosen as one of the original six Council of State Governments' Learning Sites, a program focusing on specialized police responses involving both law enforcement and mental health providers co-responding to crisis-related calls. This resulted in a significant increase in agencies coming to HPD's MHD to learn more about programs and strategies currently in place.

MHD welcomes the opportunity to assist other agencies in beginning similar programs within their jurisdictions. Because of this, MHD hosts site visits for agencies to learn about all of the co-responder programs, meet with collaborative partners, tour program sites, participate in ride-a-longs with co-response units, and experience Houston. Additionally, the MHD offers technical assistance to other agencies via phone conferences and/or email.



To arrange a site visit or technical assistance call, agency representatives can visit our website to submit a request. houstoncit.org/sitevisits



Successes

HOT

While conducting outreach on the Eastside of Houston, Officers Gerardo Alaniz and Karan Dhooper from HPD's Homeless Outreach Team (HOT) encountered 82-year-old male, Mr. Eloy Pena. Mr. Pena was living in a self-made wooden shack behind a dumpster. The Homeless Outreach Team Officers offered him shelter, aid and assistance and at first, he refused services stating that he was ok and was used to living on the streets.

Over the next several months, officers continued conducting welfare checks on Mr. Pena. They continued to engage Mr. Pena in conversation and educate him on the many available resources that would help him. Their persistence paid off, and eventually Mr. Pena began showing interest in accepting help.

Reconnecting people with lost family or friends is a strategy used to help transition people away from a life of homelessness, so, during their visits, officers would ask Mr. Pena questions about his past and about his family. Eventually, Mr. Pena confided in the officers and told them that, because of a situation 40 years ago, he was forced to separate from his family, leaving his young son to be raised by his sister. He had not seen his son for over 40 years, and the only thing he knew about his son now was that he might live somewhere in the Valley area. It would be a long shot, but officers asked Mr. Pena if he would like to reunite with his son. Mr. Pena expressed a very sincere "yes."

Using the limited information provided by Mr. Pena, Officer Dhooper was able to get a possible identity for his son. Officer Dhooper saw an emergency contact phone number on that possible identity. When Officer Dhooper dialed the phone number, he discovered that the person who answered was the very same sister that Mr. Pena had entrusted to raise his son. The sister then contacted Mr. Pena's son and informed him of Officers Dhooper's and Alaniz's endeavor to reunite the father and son.

Officers Alaniz and Dhooper told Mr. Pena about the Ed Emmett Mental Health Diversion Clinic, and he volunteered to be in their 14-day program. Mr. Pena completed the program and was transitioned into a personal care home, but left that facility due to a lack of funding or benefits. Due to this set back, Mr. Pena was once again back at his original location two weeks later. Once again, HPD's HOT officers engaged Mr. Pena in outreach and made it possible for him to get a housing assessment with the help of the HOT unit Care Coordinators.

HOT officers connected Mr. Pena with an organization called Catholic Charities, which helped him to find an apartment in Northeast Houston. Catholic Charities was helpful and understanding of Mr. Pena's needs, and his lack of benefits, and enrolled him in a program where Mr. Pena's rent, electricity, water, and groceries were taken care of by them. Mr. Pena has been off the streets since that time and is very happy and grateful for the Homeless Outreach Team's involvement and persistence. Mr. Pena and his son have reunited as well. His son, who does live in the Valley, has visited him twice and is thankful for everything the HOT unit did.





Successes

CCSI

Koala is a 39-year-old African American female who has a diagnosis of Bipolar Disorder, with Psychotic Features. Koala has a history of non-compliance with psychiatric treatment and has had several admissions to inpatient facilities in Harris County.

The Chronic Consumer Stabilization Initiative (CCSI) began working with Koala on 12/12/2019, after more than five Emergency Detention Orders had been filed within the previous 12 months, along with countless law enforcement interactions, including several CIRT interventions.

When off her medications, Koala's symptoms include psychosis, and both verbal and physical threats toward others. Koala's last admission to the Neuropsychiatric Center (NPC) was on May 24, 2020, after the Houston Police Department received a call about Koala making verbal threats toward others. Koala was disorganized, belligerent, rambling, agitated, and difficult to engage. Koala threatened to stab one of the responding police officers with a knife. Koala was assessed as being in crisis and was transported to NPC to be evaluated by doctors. It was determined Koala was in need of a higher level of care and she was sent to the Harris County Psychiatric Center (HCPC), where she received inpatient psychiatric treatment. CCSI continued making 2-3 home visits every week, encouraging Koala to stay on her medications and taking her to scheduled psychiatric appointments.

Today, Koala has been stable on her medications and is compliant with all of her treatments. She is working toward getting a job, she is making improvements to her home life, and working on her relationships with others. Koala has not been in the hospital for over 2 years and HPD has not had to respond to any calls to her residence. CCSI is still working with Koala every week and will continue to assist her with all of her needs until it is determined that she is able to to live independently.





Care coordinators routinely keep in communication with their clients multiple times throughout the week. This proactive approach helps to keep individuals engaged with the program.

2021 Statistics

**All figures presented on this page were sourced from the MHD DDS Reports.*

Boarding Homes Enforcement Unit (BHEU)

Investigations	286
Site Visits	272
Inspections	161
Warnings Issued	561
Citations Issued	217
Active Homes	140
Permitted Boarding Homes	37
Processing Permits	51

Crisis Intervention Response Team (CIRT)

Emergency Detentions
1,209

Calls for Service
4,030

Jail Diversions
150

CIRT Referrals
161

On-viewed Incidents
82

Percent of EDOs by CIRT



Percent of CIT calls by CIRT



Chronic Consumer Stabilization Initiative (CCSI)

Client Contacts with Police	295
Coordinator Contacts	2,460
Client Initiated Contacts	6,565
Clients Served	60

Crisis Call Diversion Program (CCD)

Calls Diverted	3,198
Citizens Helped	3,884
Calls Processed	5,993

Homeless Outreach Team (HOT)

Services Offered	7,967
Services Accepted	2,683
HOT IDs	3,876
Persons Housed	206
Contacts with Homeless	9,389

Investigations

Reports Read	22,879
Investigations	411
Firearms Cases	37
MCOT Referrals	237

2021 Statistics

*All figures presented on this page were sourced from the MHD DDS Reports.
*Learning Site Visit information sourced from MHD Training Unit.

Senior Justice Assessment Center (SJAC)

Cases Opened	417
Physical Abuse Cases	314
Financial Exploitation Cases	103
HPD Referred Cases	91
APS Referrals	56
Charges	15

Crisis Intervention Training Unit (CIT)

	# Classes Taught	Total Hours Taught	# of Personnel Trained
Advanced CIT (8 hour class) / (in-person/online)	5	40	177 / 5127
CIT Update (8 hour class) TCOLE Intermediate 3843	15	120	613
Crisis Intervention Training (40 hour class) TCOLE Intermediate 1850 Cadet Trainings	3	120	176
Crisis Intervention Training (40 hour class) TCOLE Intermediate 1850	10	400	467
Mental Health Officer (40 hour class) TCOLE 4001	4	160	14
Crisis Intervention Training for Sergeants	5	10	136
Outside Agencies Trainings/Presentations	9		50

Learning Site Visits

- National Association of Counties
- Montana Police Department
- Long Beach (CA) Police Department
- Colorado Division of Criminal Justice
- Las Vegas (NV) Metro Police Department
- Lafayette Parish (LA) Police Department
- Bryan (TX) Police Department
- Lincoln (NE) Police Department
- Fort Worth (TX) Police Department
- Buffalo (NY) Police Department

Mental Health Resources

Houston Police Department (HPD)

713-884-3131

Call the Houston Police Department directly if someone is acting out due to their mental state, but is NOT an immediate threat or danger to themselves or someone else.

HPD Mental Health Division
832-394-4200

Ben Taub Psychiatric Unit
713-873-2631

Neuropsychiatric Center (NPC)
1502 Taub Loop (next to Ben Taub Hospital)
713-970-4640

Michael E. Debakey VA Medical Center
2002 Holcombe Blvd
713-791-1414

Harris County Psychiatric Center (HCPC)
2800 S. MacGregor Way
713-741-5000

Precinct 1 Constables Office at HCPC
713-741-6012
Mental Health Warrants, Monday through Friday, arrive at HCPC in morning

Mobile Crisis Outreach Team (MCOT)
713-970-7550
MCOT is an outreach service that provides treatment and linkage for Harris County residents with mental illness who are unable or unwilling to access routine outpatient clinical services. MCOT services are voluntary.

Bristow/PATH Homeless Unit
2627 Caroline St
713-970-7413
Provides voluntary clinical and non-clinical services to Harris County residents who are both homeless and have mental illness.

Harris Center Helpline and Crisis Line
713-970-7000

Crisis Intervention Houston
832-416-1177

Teen Crisis Hotline
713-529-8336 (Call)
281-201-4430 (Text)

Suicide Hotline (1-800-SUICIDE)
800-784-2433

Combined Arms - Veteran Services
888-737-3112

In case of an EMERGENCY, call 9-1-1

Call 9-1-1 if someone, due to their mental state, is an immediate danger to themselves or others, including threats of suicide or homicide.

Rape Crisis Hotline (LAASA)
844-303-7233

Council on Recovery Houston
713-942-4100

Montrose Counseling Center
713-529-0037

Harris County Social Services
713-696-7900

Adult Protective Services
713-767-2700

Harris County Guardianship
713-363-2300

Mental Health America of Greater Houston
713-523-8963

Alzheimer's Assoc. of Houston & SE Texas
800-272-3900

Arc Greater Houston (IDD and Disabilities)
713-957-1600

Mayor's Citizen's Assistance Office
832-393-0955

Star of Hope
2575 Reed Rd. *(New Women's & Family Shelter)*
713-748-0700

Salvation Army
713-752-0677

Houston Service Helpline
3-1-1

Houston Recovery Center (Sobering Ctr)
713-236-7800

Isensee Foundation For Safe Police Response
832-541-0877

Autism Society of America
800-328-8476

Online Resources

Alzheimer's Association-Houston
www.alz.org/texas

Autism Speaks
www.autismspeaks.org

The Autism Society of America
www.autism-society.org

The Harris Center (MHMRA)
www.theharriscenter.org

HPD Mental Health Division
www.houstoncit.org

Isensee Foundation For Safe Police Response
www.safepoliceresponse.org

Mental Health America-Houston
www.mhahouston.org

National Alliance on Mental Illness
www.nami.org

Combined Arms - Veteran Services
www.combinedarms.us



Houston Police Department

Mental Health Division

150 North Chenevert Street Suite 200
Houston, TX 77002
832.394.4200 | www.HoustonCIT.org